



Location 22722 19 Ave S Des Moines WA



**Telephone** 206.824.4722



Mail info@mtrainierpool.com

# SWIM LESSONS

## **WINTER 2020**

### Winter Options

Find an option that best meets your needs:

- 4-Week Sessions: Mon & Wed, 4:30-7pm\*
- 8-Week Sessions: Saturday, 7-11am
- Private & Semi-Private Lessons
- \*Moved due to MRHS Swim Meet Conflicts.

### ARC Certified

Our lessons are American Red Cross (ARC) Certified. Instructors are taught to teach swimmer at any age and any level. ARC is the most standard certification.

### Scholarships

Our scholarship program has been expanded to train more youth and adults to swim. First-come, first-served.

- Up to 90% Off!
- Non-residents now eligible.
- · Free and Reduced Lunch eligible.

#### **ABOUT US**

Our American Red Cross Learn-to-Swim program is designed to help guests of all ages and ability levels become safe and proficient in the water. Swim lessons at the Mount Rainier Pool:

- Are FUN!
- Follow the American Red Cross curriculum.
- Are tailored to teach essential water safety skills and logical swim skill progression.
- Include opportunities to practice skills learned outside of class time with practice cards.
- Work around busy schedules. We offer evening and weekend lessons at a variety of times throughout the week.

#### MORE INFORMATION

For more information about our swim lessons visit <a href="https://www.mtrainierpool.com">www.mtrainierpool.com</a> including:

- · session dates,
- registration information,
- private lessons,
- scholarship information,

If you would like to speak with a representative visit www.mtrainierpool.com or call 206.824.4722

### 2020 Winter Group Lesson Schedule Mount Rainier Pool



#### **Effective January through March 2020**

Winter Class Options		
Monday/Wednesday Evenings, 4:30-7pm		
Saturday Mornings, 7:00-11:00am		

#### Monday and Wednesday Evenings, 4:30-7pm\*

wonday and vednesday evenings, not 7 pm		
Class Dates	Current Student	New Student Registration
	Registration	
January 6 – 29 (8 Classes)	Monday, December 9	Wednesday, December 11
February 3 – 26 (No Class 2/17, 7 classes)	Monday, January 27	Wednesday, January 29
March 2 – 25 (8 Classes)	Monday, February 24	Wednesday, February 26

#### Saturday Mornings, 7:00-11:00am

Class Dates	Current Student Registration	New Student Registration
January 11 – March 14 (No Class 1/25, 2/15, 8 Classes)	Saturday, December 14	Monday, December 16

#### Class Pricing (Rates are Subject to Change in early 2020)

Class Dates	Parent & Child	All Other Classes
8-session Class	\$47 (\$60 NR)	\$64 (\$78 NR)
7-session Class	\$41 (\$53 NR)	\$56 (\$68 NR)

NR = Non-Resident. Residents of Des Moines and Normandy Park receive discount for helping subsidize pool operations.

Next set of classes will be public posted in late February/ early March. For updates, to be personally notified please sign-up for our email notification system at <a href="https://www.mtrainierpool.com">www.mtrainierpool.com</a>.

#### MORE INFORMATION OR TO REGISTER

For more information, please call Lauryne Bartlett, Aquatics Coordinator at (206) 824-4722 or email her at lauryne.bartlett@desmoinespool.org.



### Come See the Difference!

- Now Open 7 days/week
- More Weekend Family and Open Swim Times
- Expanded Scholarship Program
- American Red Cross Swim Lessons
- Visit our website for interactive schedule, events, rentals and much, much more

#### www.MtRainierPool.com

Newest calendar available for download of schedule page at www.mtrainierpool.com

#### Office Hours:

Monday/Wednesday/Friday, 5:30am-9:00pm Tuesday/Thursday, 5:30am-8:00pm Saturday, 7:00am-4:00pm (Rentals 4-6pm) Sunday, 11:00am-1:00pm (Rentals 1-3pm)

Cleaning and Maintenance Closures
Mon-Fri, 1-3pm and Sat, 1-2pm

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22722 - 19th Ave S • Des Moines • 206-824-4722

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT