

## **Job Description**

**Mount Rainier Pool  
22722 19<sup>th</sup> Avenue S  
Des Moines WA 98198  
(206) 824-4722  
info@mtrainierpool.com**

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**Job Title: Aquatic Exercise Instructor**

**Reports to: Aquatics Coordinator & Aquatics Manager**

**Classification: Hourly, part-time, up to 20 per week**

**Compensation: \$16.89 to \$20.55 per hour, depending on experience**

**Deadline: Open Continuously.**

### **Overview:**

Under the direction of the Aquatics Manager, Aquatics Coordinator, and Head Guards, Water Aerobics Instructors provide quality exercise classes for patrons of all ages and abilities at the Mt. Rainier Pool. Water Aerobics Instructors work a part time, flexible schedule and adhere to policies and procedures of the Pool District. This job description is not intended to reflect all duties performed within the job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential job functions.

### **Essential Job Functions:**

- This list is not all-inclusive and additional duties may be assigned as needed.
- Teach a variety of water exercise classes for a range of ages and abilities.
- Effectively teach a well-structured class and give alternative moves when needed.
- Enforce and educate students about facility rules and reasons for them.
- Communicate with staff the need for further assistance or equipment.
- Submit all records and reports in a timely manner.
- Accurately answer questions related to pool programming in a pleasant manner. Redirect complaints and concerns to the supervisor on duty.
- Set up and put away equipment used for classes, including moving lane lines, and ADA acceptable stairs and lifts.
- Attend in-service and other trainings.
- Maintain current certifications.

### **Knowledge, Skills and Abilities:**

- Knowledge of water exercise technique and principles.
- Ability to effectively manage a class of multiple students.
- Ability to communicate effectively both verbally and in writing.
- Ability to follow and give instructions, as well as work independently with minimal direction.
- Ability to establish and maintain effective working relationships with co-workers.

- Ability to serve the public in a polite and friendly manner.

**Physical Demand and Work Environment:**

- Aerobics Instructors work a part-time flexible schedule where hours may vary, depending on need of the facility.
- Work requires a normal range of vision and hearing, and the ability to lift in excess of 50 lbs., bend, and stoop.
- Aerobics Instructors must also possess the ability to continuously maintain physical fitness and be prepared to be wet for extended periods of time.

**Minimum Requirements:**

- Must be at least 16 years of age.
- Certification from the AEA, Arthritis Foundation, or another recognized organization preferred.
- Must pass local police and Washington State Adult/Child Abuse records check prior to hire.

**How to Apply:**

To be considered for hire we require an [Employment Application](#) and cover letter. Please email to Lauryne Thurmond, Aquatics Manager, by emailing to [lauryne.thurmond@desmoinespool.org](mailto:lauryne.thurmond@desmoinespool.org) or to the address below.

Lauryne Thurmond, Aquatics Manager

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