

FALL CLASS SCHEDULE AND TIMES

Mount Rainier Pool

CLASS SCHEDULE

Saturday	September 30-December 2 (8 classes)	No class on 11/11 and 11/25.
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CLASS TIMES*

Class start times listed. All 25-minute classes, except upper-level classes. See below for more information.

9:00am: <ul style="list-style-type: none"> • Preschool Aquatics 3 • Learn-to-Swim 1 • Learn-to-Swim 2 • Learn-to-Swim 3 (30 min class) 	9:30am: <ul style="list-style-type: none"> • Parent & Child 2 • Preschool Aquatics 1 • Preschool Aquatics 2 • Learn-to-Swim 1
10:00am: <ul style="list-style-type: none"> • Preschool Aquatics 1 • Preschool Aquatics 3 • Learn-to-Swim 2 • Learn-to-Swim 3 (30 min class) 	10:30am: <ul style="list-style-type: none"> • Parent & Child 1 • Preschool Aquatics 2 • Learn-to-Swim 1 • Learn-to-Swim 4 (30 min class)
11:00am: <ul style="list-style-type: none"> • Preschool Aquatics 1 • Learn-to-Swim 1 • Learn-to-Swim 2 • Learn-to-Swim 5 (30 min class) 	

**Adult classes offered from 8-8:30am and 8:30-9am (two separate classes of 10).*

CLASS LENGTH

- Parent and Child (6 month-3 years) through Level 2: These levels are set at 25-minute classes, due to younger children's shorter attention spans and prolonged exposure to water below ideal temperature for youth swim lessons. The Mount Rainier Pool has one body of water that is set at 84 degrees to best serve all user groups.
- Level 3 and Above (Including Adult Lessons): These levels are set at 30-minute classes, since older youth and adults can better adjust to the current pool temperature and have longer attention spans.

STUDENT/INSTRUCTOR RATIOS

- Parent/Child: 10:1 (Parents in water with children)
- Pre-School 1-3: 5:1
- Levels 1-6: 5:1
- Adult 1-2: 10:2

QUESTIONS

If you have any questions, please call us at 206.824.4722 or email us at FrontDesk@mtrainierpool.com.

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