

MT RAINIER POOL SCHEDULE: April 18-June 19, 2022

Average Pool Temperature – 83-85° F

(See Program Descriptions on 2nd Page)

SHALLOW END (Depth: 3' - 3.5')						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Water Exercise: 9:30-10:30am		Water Exercise: 9:30-10:30am		Water Exercise: 9:30-10:30am	Swim Lessons: 8-11:10am	
Water Walking: 10:30-11:30am	Water Walking: 10:30-11:30am	Water Walking: 10:30-11:30am	Water Walking: 10:30-11:30am	Water Walking: 10:30-11:30am	Family Swim: 11:15am-1pm	Family Swim: 11am-1pm
Family Swim & Water Walking: 11:30am-1pm	Family Swim & Water Walking: 11:30am-1pm	Family Swim & Water Walking: 11:30am-1pm	Family Swim & Water Walking: 11:30am-1pm	Family Swim & Water Walking: 11:30am-1pm	Open Swim: 1:30-3pm	
Cleaning: 1-2:30pm	Cleaning: 1-2:30pm	Cleaning: 1-2:30pm	Cleaning: 1-2:30pm	Cleaning: 1-2:30pm		
Staff Training 2:30-4pm	Staff Training 2:30-4pm	Staff Training 2:30-4pm	Staff Training 2:30-4pm	Staff Training 2:30-4pm		
Swim Lessons: 4:30-7pm	Family Swim: 5-7pm	Swim Lessons: 4:30-7pm	Family Swim: 5-7pm	Family Swim: 5-7pm		
	Water Exercise: 7-8pm		Water Exercise: 7-8pm			

DEEP END (Six-lanes, 25 yards, Depth: 4'-12')						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim: 9:30am-1pm	Lap Swim: 10:30am-1pm	Lap Swim: 9:30am-1pm	Lap Swim: 10:30am-1pm	Lap Swim: 9:30am-1pm	Private Swim Team Practices: 8:30-10:30am	
Cleaning: 1-4pm	Cleaning: 1-4pm	Cleaning: 1-4pm	Cleaning: 1-4pm	Cleaning: 1-4pm	Lap Swim: 11am-1pm	Lap Swim: 11am-1pm
Lap Swim: 4-5pm	Private Swim Team Practices: 4:30-6:30pm	Lap Swim: 4-5pm	Private Swim Team Practices: 4:30-6:30pm	Lap Swim: 4-5pm	Open Swim: 1:30-3pm	
Private Swim Team Practices: 5-7:30pm	Lap Swim: 6:30-8pm	Private Swim Team Practices: 5-7:30pm	Lap Swim: 6:30-8pm	Private Swim Team Practices: 5-7:30pm		

Pool Access: ADA stairs available for shallow end and chair lift available for either end of pool.

***Schedule subject to change. Interactive schedule is updated with schedule changes. [Click here](#) for more information.**

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SWIM DESCRIPTIONS

Lap Swim: Lap swim is available for up to six lanes of swimming with up to three swimmers per lane. All lanes may not be available due to training or other programming.

Water Exercise: Classes are offered in shallow end (3'-3.5' depth). All equipment is provided. Class is open to pass holders, daily users, and insurance membership* pass holders.

Water Walking:** Area of shallow end includes use of water bells. ADA accessible with stairs and chair lift.

Family Swim:** Recreational swim in shallow end that includes usage of basketball hoop, water toys and other pool equipment.

Open Swims: Include access to entire pool (see age restrictions below) and are offered each Saturday. The first (\$1) and third (Wibit obstacle course) are special dates of programming. See website for more information.

Private Swim Teams: Paid usage by competitive swim teams.

Swim Lessons: We offer swim lessons from six months to adult. [Click here](#) for more information on swim lessons.

**Insurance memberships include (but are not limited to) Active & Fit, Prime, Renew Active, Silver and Fit, Silver Sneakers and United Healthcare. They are accepted for everything except Swim Lessons and Trainings. [Click here](#) for more information.*

***Family Swim & Water Walking Swims, Monday-Friday, 11:30am-1pm will share usage of the Shallow End of the Pool.*

AGES & POOL RULES

Age	Rules Affecting Them
3 and under	Swim diapers are required for all children 3 and under and non-toilet trained patrons. Swim diapers are sold at the front desk.
5 and under	Children 5 and under (with or without a lifejacket) must be always within arm's reach of an adult.
12 and under	Children 12 and under are required to be accompanied by a responsible adult eighteen years of age or older shall accompany the child and be always at the pool or pool deck the child uses the facility.
14 and under	Children 14 and under are required to take a swim test before using the deep end of the pool. Click here for more information.
16 and older	Must provide photo identification to use or visit the pool.
62 and older	This is the age that people receive the senior discounted price for all programs.

POOL RULES: [Click here](#) to view the pool rules.

POOL RATES: [Click here](#) to view daily, 10-visit, three-month and annual pass options.

BEFORE YOU GO: Check out these tips before you visit. [Click here](#) for mor information