



Mount Rainier Pool

August 25 - September 14, 2025

Extended Summer Schedule



Shallow End (83 - 85 degrees)					
	Monday/Wednesday	Tuesday/Thursday	Friday	Saturday	Sunday
Water Walking	6a - 9a	9a - Noon	6a-9a	11:30a-1p	9a-11:30a
	10a - 1p		10a-Noon		
Family Swim	Noon - 2p	Noon - 2p	Noon - 1p	11:30a-1p****	11:30a-1p****
	7p-9p***	6p - 7p****	5p-9p	N/A	N/A
		8p - 9p			
Water Exercise (Shallow Water)	9a - 10a	7p - 8p	9a-10a	N/A	N/A
Deep End (83 - 85 degrees)					
	Monday/Wednesday	Tuesday/Thursday	Friday	Saturday	Sunday
Water Exercise (Deep Water)	N/A	N/A	10:15a-11a Starting 9/5	N/A	N/A
Lap Swim	6a-2p	9a-2p	6a-1p	10:30a-1p	9a-1p
	7:30p-9p	7:30p-9p	7:30p-9p		
Entire Pool: Shallow & Deep Combined (83 - 85 degrees)					
	Monday/Wednesday	Tuesday/Thursday	Friday	Saturday	Sunday
Open Swim	N/A	N/A	N/A	1p-2p**	N/A

*Family Swim: Shallow end only.

** Open Swim: Include family swim in the shallow end

***Daily Rate: Access to all swims except for Water Exercise and Swim Lessons.

**** Reduced family swim hours because swim lessons will be from 4-6:45pm on Monday and Wednesday's.

*****Free practice swim times for swim lesson participants and one (1) parent.



FRONT OFFICE HOURS:

Please feel free to stop by the front desk or call us at the hours below.

- Monday-Friday: 9a – 1p and 4-7:30p
- Saturday: 9a – 1:30p
- Sunday: 9a-1p

WEBSITE: Check out our updated website with new schedule page including tentative future schedules, fees, insurance membership programs, scholarships, swim lessons and more. Use QR Code below for more information.

DID YOU KNOW? Highline School District Swim and Dive Teams contractually have the pool Monday thru Friday, 3-6pm, and occasional Saturday mornings. **Fall swim meets will be held from 3-6pm on September 11 & 18 and October 4, 14 & 16. Meets sometime go past 6pm.**

FALL SWIM LESSONS: Fall swim lesson registration is the week of September 8. For more information visit the swim lesson page of our website at www.mtrainierpool.com/swimlessons.

Saturday Swim Schedule: One Fee, More Fun!

Come for one, stay for both! Your admission covers 2.5 hours of pool time.

- 11:30am – 1:00pm Family Swim (Shallow End) & Lap Swim (Deep End)
- 1:00pm – 2:00pm Open Swim (Whole Pool) Includes: Family Swim, Diving Boards & Water Walk

One admission covers both sessions (11:30am–2:00pm) – Families can enjoy the pool for 2.5 hours at no extra cost!

206.824.4722

www.mtrainierpool.com

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