



## Lifeguard – Letter to Applicants

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Website – [www.MtRainierPool.com](http://www.MtRainierPool.com)

Job Page – [www.MtRainierPool.com/Employment](http://www.MtRainierPool.com/Employment)

Contact - [Jared.Wold@DesMoinesPool.org](mailto:Jared.Wold@DesMoinesPool.org)

Phone – 206.824.4277

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### Dear Lifeguard Applicant,

Are you looking for a job with great pay, flexibility and other great benefits?!? The Mount Rainier Pool is looking to hire over 20 new staff members to join our team!

Even if you are not a competitive swimmer, there are a number of opportunities for lifeguards and other positions at the Mount Rainier Pool. We will work with those of you that need help in swimming and thanks to a grant through the Des Moines Legacy Foundation all trainings will be free through the end of the summer!

Our positions offer flexibility to balance your academics and extracurricular activities. It is also a great place to gain work-related skills and build your college application or resume. See next page for a full-list of benefits to working as a lifeguard.

Finally, this summer we will be offering a Lifeguard Prep Course for ages 14-18. This is a great opportunity to improve your skills to be able to pass the lifeguard or swim instructor certification.

If you have any questions or concerns, feel free to contact Jared Wold, Aquatics Coordinator at 206.824.4722 or email [Jared.Wold@DesMoinesPool.org](mailto:Jared.Wold@DesMoinesPool.org)

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**Lifeguard  
Certification  
(15+)**

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**Swim Instructor  
Certification  
(16+)**

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**Lifeguard Prep  
Course (14-18)**



# **BENEFITS OF WORKING AT MOUNT RAINIER POOL**

## **Des Moines Pool Metropolitan Park District**

### **22722 19<sup>th</sup> Avenue South**

*(On the Mount Rainier High School Campus)*



Below is a list of the benefits of becoming a lifeguard and/or swim instructor at Mount Rainier Pool:

**HAVING FUN** -- Lifeguarding is a popular job with flexible hours and the much-coveted opportunity to work beside a pool. You'll be able to boast about working with great people while gaining valuable skills in a comfortable atmosphere.

**FLEXIBLE HOURS** -- If you are in classes, participate in sports or clubs, or have a vacation planned, Mount Rainier Pool provides flexible hours. Our managers are more than willing to work with you to accommodate your schedule to ensure a well-rounded academic experience and life. Mount Rainier Pool offers early morning work shifts, leaving your summer days open to recreate. Or, perhaps you're a night owl and prefer to work late. We offer later shifts as well. Even if you are only available on the weekends, there is a spot for you. Lifeguards are in high demand on Saturdays and Sundays.

**GREAT FRIENDSHIPS** -- Mount Rainier Pool has a great team of employees, and we are looking to add not just good swimmers but great people to our team. You will train and work with these people who can help you build life-long friendships.

**STAY IN SHAPE** -- The job can be physical and demanding. We offer training to help applicants get in shape for certifications and work at the pool. We also provide free swim training and unlimited lap swimming to keep your skills sharp.

**PLENTIFUL JOBS** -- There is a national lifeguard and swim instructor shortage. In King County (and around the country), aquatics facilities continually recruit applicants. These are great jobs for college students, eligible for work-study, and with pools everywhere constantly hiring, you can transfer colleges knowing you may well have a job waiting. If you wish to travel, there are lifeguarding jobs around the world.

**BUILD YOUR RESUME** -- College and job recruiters appreciate applicants making a difference and helping others in their jobs. As a lifeguard and/or swim instructor, you are assisting people in learning an essential life skill that opens tremendous career and recreational opportunities while reducing drowning incidents. You are also getting excellent on-the-job training, including leadership, teamwork, communication, and customer service. Lifeguarding and swim instructing are great ways to gather skills and initial training for first-responder jobs. There are also opportunities to advance within the organization and certifications to build your resume or college application.

**IMPROVE YOUR SELF-CONFIDENCE** -- There is no room to be shy when saving another person's life. Becoming a lifeguard will solidify your self-confidence as you have to trust your decision-making skills and be confident in performing under pressure.

**IT'S NEVER BEEN EASIER TO BECOME A LIFEGUARD** -- Mount Rainier Pool now offers free certifications, training to improve your swimming, and easier ways to work for us. Free certifications include lifeguarding and swim instructor. Both certifications are free, and we'll pay those on staff to get advanced certifications. We also offer new swim instruction to help you improve your swimming and lifeguarding skills, including our free lifeguard prep course offered during the summer months. Plus, we now will hire swim instructors without lifeguard certification. Check out our website's jobs page at the link below for more information.

For more information or to complete a [job interest card](#), check out our [jobs page](#) at Mount Rainier Pool.

# WE NEED YOU

SERVE YOUR COMMUNITY  
WHILE BUILDING YOUR RESUMÉ

## OPEN POSITIONS:

- Lifeguard
- Swim instructor

## BENEFITS:

- Great pay
- FREE training
- Flexible schedules

**APPLY NOW**



## CONTACT US:

Jared.Wold@DesMoinesPool.org

## MORE INFORMATION:

[www.MtRainierPool.org/Employment](http://www.MtRainierPool.org/Employment)

## PHONE:

206.824.4722





# GET YOUR FEET WET WITH US!

## LIFEGUARDING

IS A GREAT INTRODUCTION TO A



## FIRST RESPONDER CAREER

Become a lifeguard and learn life-saving skills on-the-job that can help prepare you for a career as a firefighter, police officer, emergency medical technician, or the military.



Visit <https://bit.ly/3rZJumv>

