

MOUNT RAINIER POOL

GOVERNED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

WE'VE GOT 90% SCHOLARSHIPS

BECOME A JUNIOR LIFEGUARD ON US*



Thanks to a grant from Kaiser Permanente, we will pay up to 90% of the cost to train eligible* swimmers to become junior lifeguards in our AquaGuard program

*** Eligibility:** Students must be 7th or 8th graders from Pacific or Totem middle schools or Woodmont K-8 and are in the Free- or Reduced-Lunch Program at their school. They must maintain a 2.0 gpa and have no Fs.

Students on Free-Lunch are eligible for up to 90% scholarships if they can pass our minimum swimming ability requirements.

Can't swim or have poor swimming skills? We will pay up to 90% of the cost for swim lessons in our AquaGuard PREP program for eligible students interested in becoming lifeguards.

HURRY: Classes start May 9 and run from 3 to 4:30pm twice a week until June 15. Contact us at 206.824.4722 for further details.



*It's always summer at
Mount Rainier Pool!*



22722 - 19th Ave S • Des Moines • 206-824-4722

www.MtRainierPool.com

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Dear Parents:

Thanks to an extremely generous grant from **Kaiser Permanente**, Mount Rainier Pool is able to offer up to 90 percent scholarships in its **AquaGuard Cadet** junior lifesaving program for *eligible** applicants.

As an **AquaGuard Cadet**, your child will be taught the necessary skills and be physically prepared to take the Red Cross lifeguard certification class at age 15. They will also be able to teach young children how to swim. They will increase their own swim skills; learn to perform rescues, first aid and CPR; and develop customer service skills.

Once certified, they will be able to begin working as early as age 15.

This will take dedication on your child's part, but the rewards will be significant. Many careers - from rescue services to working with children or joining the military - require lifesaving skills, and your child will have the opportunity to develop these in time for their first job. It also means your child will be highly employable while attending higher education classes.

It will be essential that your child attend every class unless they are ill. Make ups are not available as every class is filled with new skills and information.

Classes will run Tuesdays and Thursdays, May 9 to June 15 from 3 pm - 4:30 p.m. The Activity Bus leaves Pacific Middle School at 4:50 p.m., which gives your child plenty of time to shower and make the bus. Of course, you may also pick them up or have them walk home on their own.

We are pleased to announce that **Kaiser Permanente** has agreed to underwrite this class and will provide up to 90 percent of the cost. **YOUR COST WILL BE \$20** payable to Mount Rainier Pool. If you find you cannot fit this into your budget, please have your child come see me as soon as possible.

Your child will need to bring a swimsuit, towel and any toiletries they want to each class. They can leave these in my classroom to be picked up at the end of the day if they would like.

As in all the sports programs provided at Pacific Middle School, **AquaGuard Cadets** need to maintain a 2.0 gpa, with no F's in any class. If your child had difficulties maintaining a 2.0, please have them go to Monday homework help, math help at lunch and their teachers to get the assistance they need.

We are excited to begin the **AquaGuard Cadet** program for 2017. If you have any questions please feel free to contact me.



Schell Ross
Pacific Middle School
206-650-5058

WHAT IF MY CHILD'S SWIMMING SKILLS NEED IMPROVEMENT?

*If your child is interested in the **AquaGuard Cadet** program but does not have the required swimming skills, please contact me to discuss their eligibility for scholarships for our **AquaGuard PREP** swimming class.*

** To be eligible for this program, students must be enrolled in the **Free- or Reduced Lunch Programs** at Pacific Middle School. Parents will be asked to sign a waiver permitting Mount Rainier Pool to verify that such students are indeed enrolled in the programs.*



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