



*Come make a splash at  
Mt. Rainier Pool!*

**Swim Lessons, Family Swims and Water Exercise  
Get Pre-Approved for Scholarships Today!**

**FALL SCHEDULE 2019** (September 3–December 19)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>SHALLOW END</b>						
5:30-8:30am Water Walking (Mon-Fri) Workout on your own with water belts and walk the pool.					7-11am Swim Lessons	X
8:30-9:30am Aerobics Daily, 10-Visit, 3 Month and Annual Pass Options.						
9:30-11am Water Walking (Mon-Fri)						
11am-1pm Family Swim (Mon-Sun)						
1-3pm Cleaning					1-2pm Clean & Set-up	1-3pm Rentals (Lobby available until 4pm)
					2-4pm Open Swim Specials: -1st Saturday \$1 -3rd Saturday Wubit	
4:30-7pm Swim Lessons	4:00-7pm Family Swim	4:30-7pm Swim Lessons	4:00-7pm Family Swim	4-9pm Family Swim - 1st Saturday \$1 Teen Night (7-9 pm) - 3rd Friday - Not Available (Private PTA Nights)	4-6pm Rentals (Lobby available until 4pm)	X
7-9pm Family Swim	7-8pm Aerobics	7-9pm Family Swim	7-8pm Aerobics			
<b>DEEP END</b>						
5:30am-1pm Lap Swim (Mon-Fri)					7:00-11:00am Swim Lessons	X
					11am-1pm Lap Swim (Sat/Sun)	
1-3pm Cleaning and Maintenance					1-2pm Cleaning	1-3pm Rentals (Lobby available until 4pm)
					2-4pm Open Swim Specials: -1st Saturday \$1 -3rd Saturday Wubit	
3-7pm Not Available: Mt. Rainier High School and Private Swim & Dive Teams (Mon-Fri)					4-6pm Rentals (Lobby available until 4pm)	X
					7-9pm Lap Swim	

Newest calendar available for download of schedule page at [www.mtrainierpool.com](http://www.mtrainierpool.com)



*Come See the Difference!*

- Now Open 7 days/week
- More Weekend Family and Open Swim Times
- Expanded Scholarship Program
- American Red Cross Swim Lessons
- Visit our website for interactive schedule, events, rentals and much, much more

[www.MtRainierPool.com](http://www.MtRainierPool.com)

**Office Hours:**

Monday/Wednesday/Friday, 5:30am-9:00pm  
Tuesday/Thursday, 5:30am-8:00pm  
Saturday, 7:00am-4:00pm (Rentals 4-6pm)  
Sunday, 11:00am-1:00pm (Rentals 1-3pm)

**Cleaning and Maintenance Closures**  
Mon-Fri, 1-3pm and Sat, 1-2pm



@MTRAINIERPOOL

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OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT