MOUNT RAINIER POOL GOVERNED BY THE DES MOINES POOL METROPOLITAN DISTRICT



Come make a splash at Mt. Rainier Pool!

Swim Lessons, Family Swims and Water Exercise Get Pre-Approved for Scholarships Today!

2019/2020 FALL/WINTER SCHEDULE (Now through February 9)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			SHALLOW END			
5:30-8:30am Water Walking (Mon-Fri) Workout on your own with water belts and walk the pool.					7–11am Swim Lessons	
8:30-9:30am Aerobics Daily, 10-Visit, 3 Month and Annual Pass Options.						
9:30-11am Water Walking (Mon-Fri)						
11am-1pm Family Swim (Mon-Fri)					11am-1pm Family Swim	11am-1pm Family Swim
1–3pm Cleaning					1–2pm Clean & Set-up	1–3pm Rentals (Lobby available until 4pm)
					2–4pm Open Swim Specials: -1st Saturday \$1 -3rd Saturday Wibit	
4:30–7pm Swim Lessons	4:00–7pm Family Swim 7–8pm	4:30–7pm Swim Lessons	4:00–7pm Family Swim 7–8pm	4–9pm Family Swim - 1st Saturday \$1 Teen Night (7–9 pm) -3rd Friday -	4–6pm Rentals (Lobby available until 4pm)	
7–9pm Family Swim	Aerobics	7–9pm Family Swim	Aerobics	(Private PTA Nights) Call for details		
			DEEP END			
5:30am-1pm Lap Swim (Mon-Fri)					7:00–11:00am Swim Lessons	
					11am—1pm Lap Swim	11am–1pm Lap Swim
1-3pm Cleaning and Maintenance 3-7pm Not Available: Mt. Rainier High School and Private Swim & Dive Teams (Mon-Fri)					1–2pm Cleaning	1–3pm Rentals (Lobby available
					2–4pm Open Swim Specials:	until 4pm)
					-1st Saturday \$1 -3rd Saturday Wibit	
					4–6pm Rentals (Lobby Rentals Available 4-6pm)	
7–9pm Lap Swim	7–8pm Lap Swim (Pool Closes at 8pm)	7–9pm Lap Swim	7–8pm Lap Swim (Pool Closes at 8pm)	7–9pm Lap Swim		

Come See the Difference!

Newest calendar available for download of schedule page at www.mtrainierpool.com



- Now Open 7 days/week
- More Weekend Family and Open Swim Times
- Expanded Scholarship Program
- American Red Cross Swim Lessons
- Visit our website for interactive schedule, events, rentals and much, much more

www.MtRainierPool.com

Office Hours:

Monday/Wednesday/Friday, 5:30am-9:00pm Tuesday/Thursday, 5:30am-8:00pm Saturday, 7:00am-4:00pm (Rentals 4-6pm) Sunday, 11:00am-1:00pm (Rentals 1-3pm)

Cleaning and Maintenance Closures Mon-Fri, 1-3pm and Sat, 1-2pm



22722 - 19th Ave S • Des Moines • 206-824-4722