

WATER AEROBICS	
A fun and refreshing way to get and stay in shape	
Monday - Friday	8:30 - 9:30 am
Tuesday/Thursday	7 - 8 pm

LAP SWIM	
Swim your way to better health and fitness	
Monday - Friday	5:30 am - Noon
Mon - Tue - Thu - Fri	4 - 8 pm
Wednesday	6 - 8 pm
Saturday	9 am - 1 pm
Sunday	11 am - 1 pm

FAMILY/OPEN SWIM (OS)	
Open Swim include both shallow and deep end.	
Monday - Friday	Noon - 2 pm (OS)
Mon - Wed - Fri	4 - 8 pm
Saturday	11 am - 1 pm and 2 - 4 pm (OS)
Sunday	11 am - 1 pm

POOL RENTALS

The pool is available Saturdays (4-6 pm) and Sundays (1-3 pm) for party rentals and trainings throughout the week. Rental includes mats, noodles, a diving board, and lifejackets upon request.

There are also premium rentals of our Wibit (3rd Saturday only) and Water Walk.

We are typically able to schedule rentals up to 3 months in advance. Payment for all rentals are due at the time of booking.

RATES	Resident	Non-Resident
<25 people in water	\$90	\$99
26 - 60 people in water	\$120	\$132
61 - 103 people in water	\$150	\$165
Front lobby	\$45	\$49.50

PREMIUM EQUIPMENT RENTALS		
RATES	Resident	Non-Resident
Wibit (3rd Saturday only)	\$70	\$70
Water Walk	\$40	\$40

Give Your Kid a Party to Remember with the Wibit!



FEES AND PASSES						
*Resident Discount: Residents of Des Moines and Normandy Park receive a discounted fee for all passes and programs.						
Daily Passes	Open Swim		Lap Swim		Water Exercise	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18-61)	\$3.75	\$4.50	\$4.50	\$5.25	\$6.50	\$7.25
Senior (62+)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.75	\$5.00
Youth (2-17)	\$3.00	\$3.75	\$3.25	\$4.00	\$5.75	\$5.75
10-Visit Passes	Open Swim		Lap Swim		Water Exercise	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18-61)	\$34.00	\$40.50	\$39.00	\$47.25	\$51.50	\$60.00
Senior (62+)	\$27.00	\$34.00	\$36.00	\$28.00	\$42.50	\$51.00
Youth (2-17)	\$27.00	\$34.00	\$36.00	\$28.00	\$42.50	\$51.00
Facility Passes***	3 Month		Annual		Monthly**	
	Resident*	Non-Resident	Resident*	Non-Resident	Resident*	Non-Resident
Adult (18-61)	\$125.00	\$145.00	\$399.00	\$499.00	\$37.00	\$42.00
Senior (62+)	\$79.00	\$96.00	\$199.00	\$239.00	\$18.00	\$22.00
Youth (2-17)	\$79.00	\$96.00	\$199.00	\$239.00	\$25.00	\$30.00
Disabled Swimmer	\$89.00	\$109.00	\$251.00	\$299.00	\$23.00	\$28.00
Family	\$249.00	\$299.00	\$475.00	\$575.00	\$44.00	\$53.00
Water Exercise Passes	Annual		Monthly**			
	Resident*	Non-Resident	Resident*	Non-Resident		
Youth (2-17)	\$384.00	\$434.00	\$40.00	\$49.00		
Adult (18-61)	\$499.00	\$559.00	\$45.00	\$55.00		
Senior (62+)	\$384.00	\$434.00	\$40.00	\$49.00		

* Residents of Des Moines and Normandy Park receive a discounted rate.
 ** Monthly Payment Passes-participants are required to make annual (12 month) commitment.
 *** Facility passes give users access to Open, Family, Lap and Water Walking Swims.

SWIM LESSON INFORMATION

Our American Red Cross Learn-to-Swim program is designed to help participants of all ages and ability levels become safe and proficient in the water. Swim lessons at the Mount Rainier Pool:

- Are FUN!
- Are tailored to teach essential water safety skills and logical swim skill progression.
- Include opportunities to practice skills learned outside of class time with practice cards.
- Swim lessons are available in group, private, and semi-private formats.

SWIM LESSON SUMMER SCHEDULE:

For exact dates visit www.mtrainierpool.com

- Tuesday/Thursday, 4:30-7 pm (2x/week for 4 weeks)
- Saturday, 7-11 am (1x/week for 8 weeks)
- NEW! Mon-Thu, 9:30-11 am (4x/week for 2 weeks)

SWIM LESSON REGISTRATION RATES:

Group lesson rates (average 8 classes/month) per session:

Per Session Pricing (Average)	Resident*	Non-Resident
Pre-Swim/ Learn-to-Swim/Adult	\$64	\$78
Parent/Child	\$47	\$60

More Information:

For more information visit www.mtrainierpool.com

SCHOLARSHIPS

The District now offers scholarships for up to 90%. Visit www.mtrainierpool.com for more information.



www.MtRainierPool.com

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OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT



@MTRAINIERPOOL