

## **RULES AND REGULATIONS**

### **Des Moines Pool Metropolitan Park District**

#### **MOUNT RAINIER POOL**

The Mount Rainier Pool is a 213,000-gallon pool governed by the Des Moines Pool Metropolitan Park District, and operated by Aquatics Management Group (AMG). It is a public facility and does not require membership or have any joining fees. There are many admission options including single use, punch cards or three-month and annual pass choices.

#### **Check in Procedure**

- Pool users new to the facility must show ID and sign in at the front desk on the provided sign in sheet.
- Returning users must check in by marking their zip code of residence on the tally sheet provided. This includes all who enter the building regardless of entry into the water. This information will provide the Des Moines Park and Metropolitan Pools District demographic information about our pool users which may be useful for future pool funding.

**PLEASE SECURE ALL YOUR BELONGINGS. YOU MAY BRING A PADLOCK TO USE ON A LOCKER.**

#### **Pool Rules**

**Make your visit a fun and safe experience.**

**Please observe all rules. These are for your safety. Individuals who interfere with the staff's ability to perform their duties may be asked to leave.**

1. Pool staff is authorized to enforce rules and supervise the public's use of the pool facility. Please obey them.
2. Adult supervision: Children younger than six (6) years of age or less than 48 inches in height must be directly supervised by an adult in the water and must be within arm's length distance at all times.
3. Non-swimmers cannot go beyond shoulder-depth water. Pool staff may ask anyone in the pool to perform a swim test before using the diving board or deep-water area.
4. No diving in shallow water. Diving is only allowed from the deck in designated areas unless under direct supervision. (Diving area is marked by yellow line and red line at the pool's edge marks non-diving area.)
5. If you have a communicable disease that can be transmitted by water or have been ill with diarrhea or vomiting in the last two weeks, do not use the pool. Bathers with seizure, heart or circulatory problems are advised to swim with a buddy.
6. Do not use the pool when under the influence of alcohol or drugs.
7. Food and drink in designated areas only. No gum or glass containers.
8. Spectators are welcome in the designated areas.
9. All swimmers must shower before entering the pool.
10. Running, horseplay or pushing is not allowed.
11. Masks, fins, snorkels, floating devices, and any other swim aids must be approved by pool staff.
12. Bathers wearing diapers must have tight-fitting protective covers. Diapers must be changed in the locker rooms or restrooms.
13. Report all accidents and incidents immediately to the pool staff.

14. Additional rules may be required where necessary for the safety and enjoyment of users.
15. Persons failing to obey facility rules or facility staff are subject to removal from the premises.

**In case of Emergency: Call 911**

### **Diving Board Rules**

1. One person on diving board at a time.
2. One bounce only. Jump or drive straight off the board and quickly swim out of the area.
3. No swinging on the ladder or diving board hand railing.
4. Wait until diving area is clear before jumping or diving.
5. No catching or spotting people from the diving board.

**If you have any questions about appropriate diving, please ask pool staff.**

**Rules are subject to change. To be alerted when rules change, please sign up for our email notification system on the main page of our website at [mtrainierpool.com](http://mtrainierpool.com).**