

**DES MOINES POOL METROPOLITAN PARK DISTRICT
KING COUNTY, WASHINGTON**

**APRIL IS ADULT LEARN-TO-SWIM MONTH
PROCLAMATION**

WHEREAS, swimming is a lifelong skill that promotes health, fitness, and safety for individuals of all ages; and

WHEREAS, adults often face barriers to swimming, including lack of access, confidence, and instruction, leading to lower participation rates among older age groups; and

WHEREAS, adult swim programs provide opportunities for learning, fitness, recreation, and social engagement, fostering a stronger and healthier community; and

WHEREAS, the Des Moines Pool Metropolitan Park District is committed to promoting water safety, encouraging active lifestyles, and making swimming accessible to all members of the community; and

WHEREAS, April marks the beginning of the spring and summer aquatic season, making it an ideal time to raise awareness and encourage adult participation in swimming for fitness, safety, and fun;

NOW, THEREFORE, the Des Moines Pool Metropolitan Park District hereby proclaims **April as Adult Learn-to-Swim Month** and encourages all adults in our community to take advantage of swim lessons, water exercise programs, lap swimming, and recreational swimming opportunities to improve their health, confidence, and water safety skills.

Adoption: ADOPTED by the Board of Commissioners of the Des Moines Pool Metropolitan Park District at an open meeting of such Board on the 25^h of March 2025, the following Commissioners being present and voting.

Signed by: 
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President Young

Signed by: 
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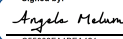
Commissioner Dusenbury

Signed by: 
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Commissioner Campbell

Commissioner Stender

Commissioner Thorell

Signed by: 
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District Clerk