

**DES MOINES POOL METROPOLITAN PARK DISTRICT
KING COUNTY, WASHINGTON**

**JULY IS PARKS AND RECREATION MONTH
PROCLAMATION 2025-03**

WHEREAS, parks and recreation programs are an integral part of communities throughout this country, including the Des Moines Pool Metropolitan Park District; and

WHEREAS, the Mount Rainier Pool, operated by the District, serves as a year-round community hub that provides inclusive and accessible aquatic programming for individuals of all ages, abilities, and backgrounds; and

WHEREAS, swimming is an essential life skill and a proven method of preventing drowning—the second-leading cause of accidental death among children in Washington State—and the Mount Rainier Pool is committed to expanding swim lesson opportunities for underserved and at-risk populations; and

WHEREAS, aquatic exercise is a low-impact, therapeutic form of physical activity that promotes public health, rehabilitation, and mental well-being, particularly for older adults and individuals recovering from injury; and

WHEREAS, the Mount Rainier Pool provides a vital “third place” in the City of Des Moines, offering a safe, welcoming, and supervised indoor environment for youth, families, and seniors to gather outside of home and work; and

WHEREAS, swimming is a lifelong skill that supports both physical and mental well-being, helping to combat rising rates of childhood and adult obesity through sustained, low-impact cardiovascular activity; and

WHEREAS, organized aquatic programs such as swim teams promote youth development by fostering discipline, teamwork, and goal setting in a healthy, supportive environment; and

WHEREAS, access to swim lessons and water safety instruction is essential in a coastal region such as Puget Sound, where boating, fishing, and open-water recreation are common—ensuring that all residents are equipped with the skills and confidence to stay safe around water; and

WHEREAS, National Parks and Recreation Month, celebrated each July, highlights the importance of public recreation facilities in strengthening communities, improving quality of life, and supporting equitable access to health and wellness resources;

NOW, THEREFORE, BE IT PROCLAIMED, that the Board of Commissioners of the Des Moines Pool Metropolitan Park District hereby recognizes July 2025 as National Parks and Recreation Month and encourages all residents of Des Moines and Normandy Park to take advantage of the programs and

services offered by the Mount Rainier Pool and to celebrate the important role that recreation plays in fostering a vibrant, healthy community.

ADOPTION: Adopted by the Board of Commissioners of the Des Moines Pool Metropolitan Park District at an open meeting of such Board on the 25th of June 2025, the following Commissioners being present and voting.

Signed by:
Shane Young
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President Young

Signed by:
Joe Dusenbury
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Commissioner Dusenbury

Signed by:
Holly Campbell
9E98B2BF87C43B...

Commissioner Campbell

Commissioner Stender

Signed by:
Patrice Thorell
F7C08E62D822491...

Commissioner Thorell

Signed by:
Angela Melton
C5503FA18EA421...

District Clerk