

Mt. Rainier Pool Schedule January 2019

Schedule Effective January 14-February 17.

Monday-Friday (Deep)	Monday/Wednesday/ Friday (Shallow)	Tuesday/Thursday (Shallow)	Saturday
Lap Swim	Water Walking	Water Walking	Lap Swim (Deep)
7:00am-1:00pm	7:00am-8:30am	7:00am-8:30am	11:00am-1:00pm
6:00pm-8:00pm (2 lanes)			
8:00pm-9:00pm	Water Aerobics	Water Aerobics	Family Swim (Shallow)
	8:30am-9:30am	8:30am-9:30am	11:00am-1:00pm
	Water Walking	Water Walking	Open Swim
	9:30am-11:00am	9:30am-11:00am	2:00pm-4:00pm
	Family Swim	Family Swim	
	11:00am-1:00pm	11:00am-1:00pm	
	6:00pm-7:00pm	6:00pm-7:00pm	
	7:00pm-8:00pm		
	8:00pm-9:00pm	Water Aerobics	
		7:00pm-8:00pm	
		Family Swim	
		8:00pm-9:00pm	

*There are only two lanes available for lap swimming 6:00pm-8:00pm to accommodate the SMAC (youth) Swim Team. Highline Swim and Dive Teams utilize Mount Rainier Pool from 3:00pm-6:00pm.



Phone: (206) 824-4722

Address: 22722 19th Ave. S, Des Moines, WA 98198

Schedule Subject to Change