



**Location**  
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Des Moines WA



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# SWIM LESSONS



**American  
Red Cross**



**More Detailed Information on Page 2.**

## 2x The Options

Find an option that best meets your needs:

- Mon/Wed, 4-7pm
- **Tue/Thu, 4-7pm - NEW!**
- Saturday, 9-11am (Adult 8-9am)
- Private & Semi-Private Lessons

## ARC Certified

Our lessons are American Red Cross (ARC) Certified. Instructors are taught to teach swimmer at any age and any level. ARC is the most standard certification.

## Scholarships

Our scholarship program has been expanded to train more youth and adults to swim. Record \$23,000 available in 2020.

- Up to 90% Off!
- Non-residents now eligible.
- Free and Reduced Lunch eligible.

### ABOUT US

Our American Red Cross Learn-to-Swim program is designed to help guests of all ages and ability levels become safe and proficient in the water. Swim lessons at the Mount Rainier Pool:

- Are FUN!
- Follow the American Red Cross curriculum.
- Are tailored to teach essential water safety skills and logical swim skill progression.
- Include opportunities to practice skills learned outside of class time with practice cards.
- Work around busy schedules. We offer evening and weekend lessons at a variety of times throughout the week.
- Swim lessons are available in group, private, and semi-private formats.

### MORE INFORMATION

For more information about our swim lessons visit [www.mtrainierpool.com](http://www.mtrainierpool.com) including:

- session dates,
- registration information,
- private lessons,
- scholarship information,

If you would like to speak with a representative visit [www.mtrainierpool.com](http://www.mtrainierpool.com) or call 206.824.4722

**2020 Spring Group Lesson Schedule  
Mount Rainier Pool**



**Effective March through June 2020**

| Spring Class Options   |
|--|
| Monday/Wednesday Evenings, 4:00-7:00pm                                 |
| Tuesday/Thursday Evenings, 4:00-7:00pm- <b>NEW!</b>                    |
| Saturday Mornings, 9:00-11:00am (Adult Class, 15 & Older: 8:00-9:00am) |

**Monday and Wednesday Evenings, 4:00-7:00pm**

| Class Dates  | Current Student Registration | New Student Registration |
|--|------------------------------|--------------------------|
| March 2 – 25 (8 Lessons)                                 | Monday, February 24          | Wednesday, February 26   |
| March 30 – April 29 (8 Lessons)<br>(No Class 4/6 & 4/8)* | Monday, March 23             | Wednesday, March 25      |
| May 4 – May 27 (7 Lessons, No 5/25)*                     | Monday, April 27             | Wednesday, April 29      |
| June 1 – June 24 (8 Lessons)                             | Wednesday, May 20*           | Wednesday, May 27        |

**Tuesday and Thursday Evenings, 4:00-7:00pm – **NEW!****

| Class Dates   | Current Student Registration | New Student Registration |
|---|------------------------------|--------------------------|
| March 3 – 26 (8 Lessons)                            | Monday, February 24          | Wednesday, February 26   |
| March 31 – April 30th (8 Classes)<br>(No 4/7 & 4/9) | Tuesday, March 24            | Thursday, March 26       |
| May 5 – May 28 (8 Lessons)                          | Tuesday, April 28            | Thursday, April 30       |
| June 2– June 25 (8 Lessons)                         | Tuesday, May 26              | Thursday, May 28         |

**Saturday Mornings, 9:00-11:00am (Adult Class, 15 & Older: 8:00-9:00am)**

| Class Dates                           | Current Student Registration | New Student Registration |
|---------------------------------------|------------------------------|--------------------------|
| March 21 – May 2 (7 Lessons)*         | Saturday, March 14           | Monday, March 16         |
| May 9 – June 27 (7 Lessons, No 5/23)* | Saturday, May 2              | Monday, May 4            |

**Class Pricing (Rates are Subject to Change in early 2021)**

| Class Dates      | Parent & Child | All Other Classes |
|------------------|----------------|-------------------|
| 8-session Class  | \$47 (\$60 NR) | \$64 (\$78 NR)    |
| *7-session Class | \$41 (\$53 NR) | \$56 (\$68 NR)    |

NR = Non-Resident. Residents of Des Moines and Normandy Park receive discount for helping subsidize pool operations.

Next set of classes will be public posted in late May/Early June. For updates, to be personally notified please sign-up for our email notification system at [www.mtrainierpool.com](http://www.mtrainierpool.com).

**MORE INFORMATION OR TO REGISTER**

For more information, please call Lauryne Bartlett, Aquatics Coordinator at (206) 824-4722 or email her at [lauryne.bartlett@desmoinespool.org](mailto:lauryne.bartlett@desmoinespool.org).