



**Location**  
22722 19 Ave S  
Des Moines WA



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206.824.4722



**Mail**  
info@mtrainierpool.com

# SWIM LESSONS

# FALL 2019

## Fall Options

Find an option that best meets your needs:

- 4-Week Sessions: Mon & Wed, 4:30-7pm\*
- 8-Week Sessions: Saturday, 7-11am
- Private & Semi-Private Lessons

\*Moved due to MRHS Swim Meet Conflicts.

## ARC Certified

Our lessons are American Red Cross (ARC) Certified. Instructors are taught to teach swimmer at any age and any level. ARC is the most standard certification.

## Scholarships

Our scholarship program has been expanded to train more youth and adults to swim. First-come, first-served.

- Up to 90% Off!
- Non-residents now eligible.
- Free and Reduced Lunch eligible.

### ABOUT US

Our American Red Cross Learn-to-Swim program is designed to help guests of all ages and ability levels become safe and proficient in the water. Swim lessons at the Mount Rainier Pool:

- Are FUN!
- Follow the American Red Cross curriculum.
- Are tailored to teach essential water safety skills and logical swim skill progression.
- Include opportunities to practice skills learned outside of class time with practice cards.
- Work around busy schedules. We offer evening and weekend lessons at a variety of times throughout the week.

### MORE INFORMATION

For more information about our swim lessons visit [www.mtrainierpool.com](http://www.mtrainierpool.com) including:

- session dates,
- registration information,
- private lessons,
- scholarship information,

If you would like to speak with a representative visit [www.mtrainierpool.com](http://www.mtrainierpool.com) or call 206.824.4722

**2019 Fall Group Lesson Schedule  
Mount Rainier Pool**



**Effective Week of September 16, 2019**

Fall Class Options
Monday/Wednesday Evenings, 4:30-7pm
Saturday Mornings, 7:00-11:00am

**Monday and Wednesday Evenings, 4:30-7pm\***

Class Dates	Current Student Registration	New Student Registration
September 16-October 9	Tuesday, September 10	Thursday, September 12
October 14-November 6	Tuesday, October 7	Thursday, October 9
November 13-December 11** (7 Classes)	Tuesday, November 4	Thursday, November 6

**Saturday Mornings, 7:00-11:00am**

Class Dates	Current Student Registration	New Student Registration
October 19-December 14***	Saturday, October 12	Tuesday, October 14

**Class Pricing**

Class Dates	Parent & Child	All Other Classes
8-session Class	\$47 (\$60 NR)	\$64 (\$78 NR)
7-session Class	\$41 (\$53 NR)	\$56 (\$68 NR)

NR = Non-Resident. Residents of Des Moines and Normandy Park receive discount for helping subsidize pool operations.

\* Tuesday and Thursday lessons will be moved to Mondays and Wednesdays, effective the week of September 16<sup>th</sup> due to Mount Rainier High School Swim Meets closing Mount Rainier Pool every Tuesday between September 17-October 8 from 1 to 6pm.

\*\*No Classes November 11 (Veteran's Day) and November 25 & 27 (Thanksgiving Week). Special 7 session class price.

\*\*\*No class Saturday, November 30 (Thanksgiving weekend).

**MORE INFORMATION OR TO REGISTER**

For more information, please call Lauryne Bartlett, Aquatics Coordinator at (206) 824-4722 or email her at [lauryne.bartlett@desmoinespool.org](mailto:lauryne.bartlett@desmoinespool.org).

Newest calendar available for download of schedule page at [www.mtrainierpool.com](http://www.mtrainierpool.com)



*Come See the Difference!*

- Now Open 7 days/week
- More Weekend Family and Open Swim Times
- Expanded Scholarship Program
- American Red Cross Swim Lessons
- Visit our website for interactive schedule, events, rentals and much, much more

**www.MtRainierPool.com**

**Office Hours:**

Monday/Wednesday/Friday, 5:30am-9:00pm  
 Tuesday/Thursday, 5:30am-8:00pm  
 Saturday, 7:00am-4:00pm (Rentals 4-6pm)  
 Sunday, 11:00am-1:00pm (Rentals 1-3pm)

**Cleaning and Maintenance Closures**

Mon-Fri, 1-3pm and Sat, 1-2pm



@MTRAINIERPOOL

**22722 - 19<sup>th</sup> Ave S • Des Moines • 206-824-4722**

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT